



Hello,

At the weekend, members of Hughenden Class had the fantastic opportunity to take part in a residential at Lineham Farm in Leeds. They made links with Grimes Dyke Primary School and will be staying in touch with the new friends that were made. A huge thank you to the Year 4 staff who attended and enabled this amazing experience. Also, a great big thank you to The Leicester Children's Holiday Charity for making this possible.

Next Friday, 3rd May we are holding the Sparkle and Shine Colour Dash to raise money for Leicester Children's Holiday Charity. Please return sponsor forms by this date and ensure that the children have old clothes with them as they will get sparkly!

Our next Family Learning sessions begin on Wednesday 8th May. The theme is 'Wellbeing and mindfulness'. Sessions will be from 1.00pm – 3.00pm. If you are interested in attending, please book with the office. Remember all courses are free. There will be a Family Learning event at the start of the next academic year to look at what courses parents would like. More details to follow.

Years 1-6 have all had a session on positive mental health with workshops delivered by Relate. Following on from this, the following website is really useful for some great advice and tips to support with wellbeing:

<https://parentingsmart.place2be.org.uk/>

This week has also seen the children visiting different places of worship in our local area. Years 1 and 4 have visited the Mandir and Years 3 and 5 have visited the Gurdwara. It is such a great opportunity for the children to learn about the communities in the local area.

Finally, a huge well done to Haelo in Year 3 for winning in the Slow Dance Competition at Skegness last weekend. Haelo competed with children from all over the country so this is a huge achievement. Well done!

Have a great weekend,
Miss Rebecca Smith.



Search: KnightonTMET <https://twitter.com/knightontmet>

Please make sure that you follow us on X, formerly known as Twitter, to keep up to date with news and events but also see what your children are up to whilst in school!

Enquiries: office@knighton-tmet.uk



Date: 26.04.24

Issue: 28

Principal: Miss Rebecca Smith



Tuesday 30th April – Year 4 assembly (parents to come to the main office at 9:00)

Friday 3rd May – Sparkle and Shine Colour Dash

Wednesday 8th May – EYFS trip to the farm.

Monday 13th May – KS2 SATs week begins

Tuesday 21st May – Year 5 assembly (parents to come to the main office at 9:00)

21st – 22nd May – Y6 London Residential

Friday 24th May – ‘wear green for the eco team’ non-uniform day

Friday 24th May – school closes for May half term

Monday 3rd June – school reopens to children

Attendance



A huge congratulations goes to Sheridan Class this week for amazing attendance and to Macauley Class for excellent punctuality this week, Well done!

Please remember that gates open at **8.40am** and children must be in class by **8.50am**.

Please keep up your hard work with your attendance and punctuality. Many thanks.

Miss Key.

Class	Attendance %
Bloomfield	87%
Macauley	95.6%
Lansdowne	91.3%
Richmond	94.5%
Hughenden	89.6%
Lothair	92.2%
Sheridan	98.1%
Whole School Attendance	92.7%

Here are our badge winners this week:

Lansdowne

Kyrell – Green merit
Leo – Green merit
Livja – Green merit
Mia – Green merit
Femi - Yellow
Jeswin - Green

Hughenden

Alfie – Second round green
Kaya – Second round green
Harlow – Second round green
Freya Leigh – Second round green
Louie – Second round green

Lothair

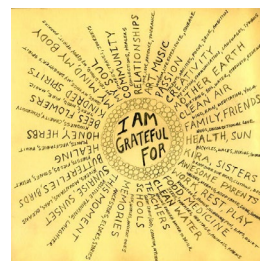
Zidan – Silver



Character muscle of the week

Gratitude:

Being thankful and showing appreciation.



Primary Leadership Team #collaboration #community

Wear Green for the Eco Team – non-uniform day.



When – Friday **May 24th 2024**

Why - to raise money to buy t-shirts for the Eco Warriors and to raise awareness of how we can support the environment.

What – you can wear something green (if you have it) and bring in a suggested donation of £1

Thank you, The Primary Leadership Team 😊

Uniform.

You can purchase uniform from any supermarket, or you can purchase uniform with and without our logo on from Uniform Direct, details below.

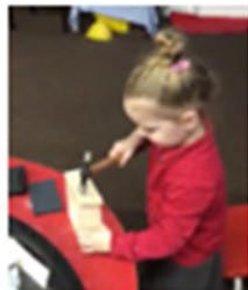
Address – 54-56 Humberstone Gate, Leicester. LE1 3PJ

Online link – [Knighton Mead Primary Academy \(uniform-direct.com\)](http://knightonmeadprimaryacademy.uniform-direct.com)

Uniform	Dark grey trousers Dark grey shorts Dark grey skirt Grey or black leggings (must be work with a long top) Dark grey pinafore dress Red gingham dress Grey, white, <u>red</u> or black plain tights White polo shirt (either with or without school logo) Red sweatshirt (either with or without school logo) Plain black trainers (no logos) Plain black shoes
Bags	Book Bag (with or without the school logo) School PE kit (with or without the school logo)
PE Kit	Black joggers Black shorts Plain red T shirt Black plimsolls or trainers of any colour
Jewellery	Plain stud earrings Robust watch (optional) No other jewellery should be worn. Plain headbands to keep hair tidy may be worn
Headscarves (Optional)	Plain black or white or red Headscarves should be tight fitting or removed during <u>PE</u> lessons for Health and Safety reasons



KNIGHTON MEAD
PRIMARY ACADEMY



Was your child born between
1st September 2020 – 31st August 2021?

We have part-time Nursery places for 3-4
year olds available to begin in September
2024.

Visit the school office to find out more or
call 0116 2330666 to make an appointment.



STRESS AWARENESS MONTH

APRIL 2024

ISSUE 01

April marks the start of Stress Awareness Month 2024, and at Healthy Together we wanted to share with you some resources that can support children who may be experiencing stress and worry.

SUPPORTING THE TRANSITION FROM PRIMARY TO SECONDARY SCHOOL

One of the most common concerns for children in primary school as we approach the end of the academic year is the transition to secondary school for those in Year 6.

To support children, teachers and parents/carers during this time, we have a number of resources that provide support, advice and information:

Click on the images to take a closer look



Lots more advice on feelings, stress and worries can be found on



[Our animation designed specifically for children who are starting secondary school in the new academic year](#)



[Our animation for parents/carers of children who are starting secondary school in the new academic year](#)

HELP YOUR CHILD LET THEIR FEELINGS, WORRIES AND STRESS FLOAT AWAY

It can be hard for children to open up about any stress they are feeling or worries they might have.

Our lanterns game is designed to help with this as it encourages children to write down how they are feeling and then watch them float away into the distance on one of our lanterns.

This can show them the benefit of opening up and expressing how they are feeling, and the weight that can be lifted from doing so.



[CLICK HERE TO PLAY OUR LANTERNS GAME](#)

CONTACTING THE HEALTHY TOGETHER TEAM FOR SUPPORT AND ADVICE

If you would like to speak to a health professional about any concerns you have about your child, including problems they might be experiencing with stress or worry, you can get in touch via the following methods:

CONTACT A SCHOOL NURSE BY TEXT MESSAGE

Leicestershire Partnership NHS Trust runs a dedicated, confidential and secure text messaging service called ChatHealth for parents/carers of children aged 0-19 in Leicester City, which enables you to get professional health advice and support.

Text a Public Health
Nurse (School Nurse) on:

07520 615 381



CALL THE HEALTHY TOGETHER HELPLINE

You can also call to speak to the Helpline's qualified health and administrative professionals who offer easy to access, safe and free advice, support and signposting.

CALL 0300 300 3001

Calls are answered from
9am – 4.30pm on
weekdays, excluding
bank holidays.

