



Hello,

We have had a wonderful week with lots of exciting enrichment opportunities taking place. We started the week with Years 1 – 6 visiting Chroma Church on Putney Road to learn all about the meaning of Easter to Christians.

We have also had a whole host of fun activities which have been organised by Miss Lambert and the Friends of Knighton group. We would like to say a huge thank you for all of their enthusiasm in organising such fun events: the Family Treasure Hunt, Spring Disco and Chocolate Bingo. It was also great to see DJ Edwards back in the house at the Spring Disco!

We need your help...

We would like to have more parent helpers in school especially to support with reading. This can be once a week or a couple of times a week, whatever suits you. If you are interested, then please let the office know. Mrs Sunley will then in touch with you. Thank you in advance.

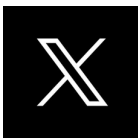
The Travelling Book Fair is coming back to Knighton and is going to be better than ever! It will be available from 3.30pm-4.00pm every day from Friday 19th April to Wednesday 24th April and every book will be buy 2, get the third book free! It will be a cashless event where you can pay by card or QR link through your phone. We can't wait to see you all there!

Finally, thank you again for all of your support over the past half term. It has been short but packed with lots of exciting events and we appreciate all of your support. Have a great week.

Miss Rebecca Smith.



Search: KnightonTMET <https://twitter.com/knigtontmet>



Please make sure that you follow us on X, formerly known as Twitter, to keep up to date with news and events but also see what your children are up to whilst in school!

Enquiries: office@knighton-tmet.uk



Date: 22.03.24

Issue: 25

Principal: Miss Rebecca Smith



Friday 22nd March – school closes to children

Monday 8th April – school reopens to children

Wednesday 10th April – Family Learning – English for parents – 1-3pm

Friday 19th April – Year 4 residential

19th April – 24th April – Book Fair in school

Monday 22nd April – Year 3 & 5 visit to the Gurdwara

Attendance



A huge congratulations goes to Macauley Class this week for amazing attendance and punctuality this week, Well done Macauley!

Please remember that gates open at **8.40am** and children must be in class by **8.50am**.

Please keep up your hard work with your attendance and punctuality. Many thanks.

Miss Key.

Class	Attendance %
Bloomfield	95%
Macauley	97%
Lansdowne	95.2%
Richmond	93.5%
Hughenden	94.4%
Lothair	91%
Sheridan	95.4%
Whole School Attendance	94.4%

There is no badge assembly this week as we are having our Spring Bonnet Parade.



Please check the school website from Monday 1st April to see our new dinner menu. Make sure you book dinners through the My Child At School app.

Character muscle of the week

Empathy:

To be able to understand other people's feelings and find the best way to help or comfort them when they need it. To be a good friend.



Friends of Knighton #collaboration #community



The next full meeting is on the 12th April at 9:00am. We would love to see lots of you there to contribute your ideas on how to make the school a better place.

STRESS AWARENESS MONTH

APRIL 2024

ISSUE 01

April marks the start of Stress Awareness Month 2024, and at Healthy Together we wanted to share with you some resources that can support children who may be experiencing stress and worry.

SUPPORTING THE TRANSITION FROM PRIMARY TO SECONDARY SCHOOL

One of the most common concerns for children in primary school as we approach the end of the academic year is the transition to secondary school for those in Year 6.

To support children, teachers and parents/carers during this time, we have a number of resources that provide support, advice and information:

Click on the images to take a closer look



Lots more advice on feelings, stress and worries can be found on



[Our animation designed specifically for children who are starting secondary school in the new academic year](#)



[Our animation for parents/carers of children who are starting secondary school in the new academic year](#)

HELP YOUR CHILD LET THEIR FEELINGS, WORRIES AND STRESS FLOAT AWAY

It can be hard for children to open up about any stress they are feeling or worries they might have.

Our lanterns game is designed to help with this as it encourages children to write down how they are feeling and then watch them float away into the distance on one of our lanterns.

This can show them the benefit of opening up and expressing how they are feeling, and the weight that can be lifted from doing so.



[CLICK HERE TO PLAY OUR LANTERNS GAME](#)

CONTACTING THE HEALTHY TOGETHER TEAM FOR SUPPORT AND ADVICE

If you would like to speak to a health professional about any concerns you have about your child, including problems they might be experiencing with stress or worry, you can get in touch via the following methods:

CONTACT A SCHOOL NURSE BY TEXT MESSAGE

Leicestershire Partnership NHS Trust runs a dedicated, confidential and secure text messaging service called ChatHealth for parents/carers of children aged 0-19 in Leicester City, which enables you to get professional health advice and support.

**Text a Public Health
Nurse (School Nurse) on:**

07520 615 381



CALL THE HEALTHY TOGETHER HELPLINE

You can also call to speak to the Helpline's qualified health and administrative professionals who offer easy to access, safe and free advice, support and signposting.

CALL 0300 300 3001

Calls are answered from
9am – 4.30pm on
weekdays, excluding
bank holidays.





LEICESTER CITY WOMEN v BRIGHTON WOMEN

Sunday 24 March 2024
3pm Kick Off

KING POWER STADIUM

SCHOOLS TICKET OFFER!

Leicester City Women host Brighton & Hove Albion Women on home soil at King Power Stadium in the Barclays Women's Super League on Sunday 24 March (3pm KO). The tie is part of the FA's Women's Football Weekend, which encourages new and existing fans to celebrate the game by attending fixtures across the women's pyramid and will see a host of special activations take place at King Power Stadium for this game

The support of our local football community is always appreciated, so in recognition of our valued partner schools from around the county, LCFC is offering 50% off adult tickets for the WSL encounter at King Power Stadium on Sunday 24 March (3pm Kick-off).

	STANDARD PRICES	SCHOOLS OFFER PRICES
Adult	£8	£4
Senior (65+)	£4	£4
Under 18	£4	£4
Under 8	FREE	FREE

USE CODE: **SCHOOL**

OTHER INFORMATION

- Tickets will be subject to a £2 increase on matchday, so act early to get the best price!

[VISIT LCFC.COM/TICKETS TO BUY](https://www.lcfc.com/tickets)

FREE Museum Holiday Club this Easter

#HAF2024

The Museum Holiday Club offers fun activities and a healthy lunch each day over the school Easter holidays. We will be doing lots of arts and crafts activities, games and street dance, as well as exploring the King Richard III Visitor Centre.

When:

10am – 3pm

Monday 25th – Thursday 28th March 2024

or

Tuesday 2nd – Friday 5th April 2024

Who:

Museum Holiday Club is free for children aged 7-11 years old who attend a Leicester City school and are in receipt of benefits related free school meals.

Where:

King Richard III Visitor Centre

4a St Martins

Leicester

LE1 5DB

Find out more on our website:

