

Keeping Children Safe Online

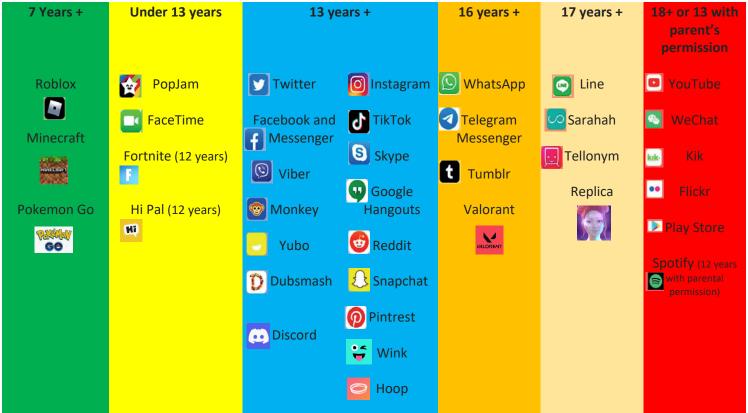
Age Restrictions

Parents and Carers - UK Safer Internet Centre

SECTION 2 - Age Restrictions

Understanding legal ages for social medial platforms, online video and gaming can be tricky because of how much digital content there is online. Most people do not talk about Computing and online safety at home. Talking regularly with your child is the greatest tool to keep them safe online. Many children are on platforms that are not suitable for their age range.

These are the following age ratings for some social platforms:



Sourced from NSPCC website October 2019

Video games:

Always use the PEGI age rating to decide whether a game is suitable for your child or not.

NSPCC:

If you're stuck, not sure what to do, or if you're worried about your child, you can contact NSPCC trained staff helpline counsellors on 0808 800 5000.

Useful links:

Social media | NSPCC

National Online Safety (@natonlinesafety) / Twitter

Restriction Guidance:

<u>Setting up devices for kids: Parental controls, avoiding in-app purchases and online safety - Own It - BBC How to Childproof Your iPad Using Parental Restrictions (lifewire.com)</u>

Parental controls on Android: how to make a phone or tablet child friendly | TechRadar



Age Restrictions Key Takeaways



Age restrictions are there to help.

Talking about games being played helps you understand.





Social Media should not be used by children less than 13 years old.

If you're not sure if a website or game is suitable, check it yourself.







Check what your children are accessing and posting online.