

# WEEK 1

W/C: 28/08, 18/09, 09/10



SPRING/SUMMER 2023

	Monday	tuesday	Wednesday	THURSDAY	Friday
HOT SPECIALS	<b>Cheese and Tomato Pizza</b>   Served with Potato Wedges	<b>Pork Sausages</b> Served with Mashed Potato and Gravy	<b>Roast Turkey</b>  Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b>  Served with Wholemeal Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Vegetable Pesto Pasta Bake</b> 	<b>Macaroni Cheese</b> 	<b>Roasted Vegetable Butterbean Crumble</b>  Served with Roast Potatoes and Gravy	<b>Vegetarian Bolognese</b>   Served with Wholemeal Pasta	<b>Vegetarian Dippers</b>  Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings, including Salmon Mayonnaise 	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings
	<b>Tomato Pasta</b> Fresh, Homemade tomato and basil sauce with penne pasta				
	<b>All main meals are served with two vegetables</b>				
DESSERT	Vanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Fruity Picnic Bar 	Chocolate Ice Cream











AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**

 **Fruity!**  **Nutritionist's Choice**

Our menu is subject to change. Please be ensured that all notified medical diets and allergy requirements will be safely catered for



	Monday	tuesday	Wednesday	THURSDAY	Friday
HOT SPECIALS	<b>Cheese and Tomato Pizza</b>  Served with Potato Wedges 	<b>Chinese Chicken and Vegetable Rice</b>  	<b>Roast Gammon</b> Served with Roast Potatoes and Gravy	<b>Beef Lasagne</b> 	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Vegetable Pastry Roll</b>  Served with Potato Wedges	<b>Vegetable Korma</b>    Served with Wholegrain Rice	<b>Sweet Potato and Chickpea Roast</b>   Served with Roast Potatoes and Gravy	<b>Vegetable Lasagne</b>  Served with Garlic and Herb Bread	<b>Vegetarian Dippers</b>  Served with Chips
	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>  with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings
	<b>Tomato Pasta</b> Fresh, Homemade tomato and basil sauce with penne pasta				
	<b>All main meals are served with two vegetables</b>				
DESSERT	<b>Oat Chocolate Cookie with Fruit</b> 	<b>Orange Jelly</b>	<b>Chocolate and Banana Marble Cake</b>	<b>Banana and Apricot Flapjack with Fruit</b> 	<b>Strawberry Ice Cream</b>

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 **Fruity!**  **Nutritionist's Choice** **Halal Available**

	Monday	tuesday	Wednesday	THURSDAY	Friday
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> Served with Potato Wedges  	<b>Mexican Beef Tortilla Pie</b> Served with Wholegrain Rice 	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	<b>Cottage Pie</b> 	<b>Southern Fried Chicken</b> Served with Chips
	<b>Vegetarian Bolognese</b> Served with Wholemeal Pasta  	<b>Mexican Vegetarian Tortilla Pie</b> Served with Wholegrain Rice  	<b>Vegetable Pastry Roll</b> Served with Diced Potatoes 	<b>Vegetarian Cottage Pie</b>  	<b>Tomato Vegetable Burger</b> Served with Chips 
JACKET POTATO	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings
	<b>Tomato Pasta</b> Fresh, Homemade tomato and basil sauce with penne pasta				
	All main meals are served with two vegetables				
DESSERT	<b>Mango Frozen Yoghurt</b>	<b>Berry Flapjack with Fruit</b> 	<b>Chocolate Brownie with Fruit</b>	<b>Pineapple Upside Down Cake with Custard</b> 	<b>Chocolate Milkshake and Shortbread</b>

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 **Fruity!**  **Nutritionist's Choice** **Halal Available**