

Anti-Bullying Policy

Policy Monitoring, Evaluation and Review

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| Version: | 1.6 |
| Date created: | 30-08-2018 |
| Author: | Jenny Slinger |
| Ratified by: | Local Academy Council |
| Date ratified: | 16-08-2019 |
| Review date: | September 2025 |

Revision History:

| Version | Date | Author | Summary of Changes: |
|---------|------------|--------|--|
| 1 | Sep 2016 | GA | Initial policy |
| 1.2 | 30-08-2018 | GA | Addition of Transphobic bullying |
| 1.3 | 16-08-2019 | JS | Review |
| 1.4 | 11-11-2020 | BC | Addition of websites/helpful organisations |
| 1.5 | 25.10.21 | BC | Amendments to language |
| 1.6 | Sept 22 | JS | Review |

Anti-Bullying Policy

Added in August 2018 following updates in light of new legislation and procedures

At Knighton Mead Primary Academy, we are committed to providing a caring, friendly and safe environment for all our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our academy. If bullying does occur, all pupils should be able to tell someone and know that incidents will be dealt with quickly and effectively. We are a TELLING school. This means that anyone who knows that bullying is happening is expected to tell an adult within academy. Bullying hurts. No one deserves to be a victim of bullying. We believe that all children have the right to come to school without fear of being bullied. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving. We have a responsibility to respond quickly and effectively to issues of bullying.

WHAT IS BULLYING?

Bullying is the repeated use of prejudice based behaviours or aggression with the intention of hurting another person.

Bullying results in pain and distress to the victim. We teach children the definition with...

STOP (Several Times On Purpose and Start Telling Other People). Bullying can be:

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|--------------------|---|
| EMOTIONAL | Being unfriendly, excluding, teasing (e.g. hiding or throwing equipment) or threatening |
| /INDIRECT | Being controlling over friendship groups or through a 3 rd party |
| PHYSICAL | Pushing, kicking, hitting, punching, damaging property or any use of violence |
| RACIST | Racial taunts, graffiti, gestures |
| SEXUAL | Unwanted physical contact or sexualised language |
| HOMOPHOBIC | Name-calling or insults (e.g. 'You're gay') |
| VERBAL | Name-calling, sarcasm, spreading rumours, teasing |
| DISABILITY | Name-calling or insults about special educational needs and disabilities |
| CYBER | Any of the above through text, social media or internet platforms. |
| Defamation | or slander on social network sites which can lead to the identification of individual children or adult (refer to the E-Safety Policy for information on safer internet use). |
| TRANSPHOBIC | Behaviour or language that makes a child or young person feel unwelcome or marginalised because of their perceived or actual gender identity |

Other concerns which do not necessarily fit into these headings will be taken seriously.

OBJECTIVES OF THIS POLICY

- All governors and teaching and non-teaching staff should know what the academy policy is on bullying, and follow it when bullying is reported.
- All governors, teachers and non-teaching staff, pupils and parents should have an understanding of what bullying is.
- All pupils and parents should know what the academy policy is on bullying, and what they should do if bullying arises.
- As an academy, we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported. Bullying will not be tolerated.

SIGNS AND SYSTEMS

A child may show that he or she is being bullied. These signs and behaviours could indicate other problems (for example when new to the academy), but bullying should be considered as a possibility and should be investigated. Adults should be aware of these possible signs and that they should investigate if a child:

- Is frightened of walking to or from school
- Begs to be driven to school
- Doesn't want to go to school
- Becomes very quiet, worried or lacking in confidence
- Starts stammering
- Attempts or threatens suicide or runs away
- Cries to sleep at night or has nightmares
- Feels ill in the morning
- Begins to do less well in school work
- Comes home with clothes torn
- Has possessions go 'missing'
- Has dinner or other monies continually 'lost'
- Has unexplained cuts or bruises
- Becomes aggressive, disruptive or unreasonable
- Is bullying other children or younger brothers or sisters
- Stops eating
- Is frightened to say what's wrong

A culture of telling

Every child has the opportunity to raise any issues in classrooms through the bubble time system/open door policy. All of children's concerns will be addressed before the end of a school day. Children also undertake weekly PSHCE sessions where class issues can be brought up and addressed. These also provide an opportunity to encourage self-esteem and social skills. All complaints of bullying will be taken seriously and an

investigation will take place, first by the class teacher and then, if appropriate, by the phase leader/Pastoral Lead.

Teaching staff are present every morning (8:40-8:50) and at the end of every school day to discuss any concerns. Senior staff are available to parents every morning between 8:40-8:50, please refer to the contact details in reception for further enquiries. The academy website offers several anti-bullying links for parents to develop our ethos in the wider society.

A comprehensive induction policy

Every new starter at the academy will be assigned a 'special friend' and will be introduced to the playground leaders. The Pastoral Lead will go through the behaviour system and they will be introduced to the Principal. They will also be introduced to a designated lunchtime supervisor who is in charge of the smooth transition for the child at lunchtimes.

Peer support systems

There are playground leaders in both the infant and junior playgrounds and additional adults on hand. If they see concerning behaviour, they are trained to approach an adult with their concerns that will be taken seriously and followed up.

Reporting and monitoring

If a bullying issue is reported, class teachers will complete an initial investigation into the situation. This will be followed up by the Phase Leader if it has happened STOP (several times on purpose). If the incident reported is the first time, teachers will address the issue and make a record on CPOMs of this in case it arises again. All incidents are revisited after 2 weeks to ensure all involved feel it has been resolved and further issues have not occurred.

Phase leaders adopt many strategies of how they deal with bullying and this will be specific to the case as outlined by the Behaviour Policy. An incident form will be completed by the person investigating, which will be stored with the Principal for any recurring incidents. These will also be inputted on CPOMs. The Inclusion team (Removing Barriers to Learning - RB2L) will provide appropriate support programmes for the victims and accused child/ren to encourage healthy relationships within school. Support provided by the Inclusion team is shown on CPOMs. Parents of both the child accused of bullying and the victim are informed.

What do we offer?

- We have buddy bus stops where children can go if they are not enjoying playtimes.
- Range of quality activities on offer at lunchtimes, so that children are usefully occupied. Also a system of play leaders in place, to support pupils in their activities and pick up on issues quickly, passing them on to staff.
- Regular class teacher led discussions during PSHCE sessions on the topic

- Peer support will be strongly emphasised - children will be taught how to effectively support a bullied child and how to resist 'joining in' with bullying
- Character Muscle language incorporated throughout the school day to promote a community of respecting each other and showing kindness.
- A clear behaviour policy with rewards and consequences
- Safer Internet lessons and guidance on all computers.
- Children are encouraged to seek out adults within school who can help them no matter who they are (teaching assistants, office staff, SLT, etc.)

Whistle-blowing Policy

Every governor, teaching and non-teaching staff has the responsibility to prevent bullying in the academy. If improper conduct is witnessed from any member of staff, including adult involvement in bullying, staff will make a disclosure about this conduct by following the Whistle-blowing Policy. Any urgent necessary action will be taken while an investigation is conducted.

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WHAT TO DO IF YOU ARE BEING BULLIED

Stand tall, use eye contact and tell them to go away. Be assertive by using a loud voice



Ignore them and walk away



Be nonchalant - act as though you don't care what they say or do



DON'T do what they say, DON'T look upset or cry, DON'T get angry, DON'T hit them



TELL SOMEONE - report bullying incidents to any member of staff



Go and play with a Play Leader if you are outside

WHAT WE WILL DO IF YOU ARE BEING BULLIED

Investigate any allegation of bullying, talking to all children involved separately



Provide support to the child being bullied - a 'special friend' and monitor the situation.

All staff will be informed.



If it is found to be 'Several Times on Purpose' we will call a meeting with the parent/s / carer/s of the child/ren being unkind. We have to then fill in a bullying incident form and record what has happened. We will create a plan with the parents and child to prevent this from happening again.

Help Organisations

Advisory Centre for Education (ACE) - 0808 800 5793

Children's Legal Centre- 0845 345 4345 KIDSCAPE (Parents Helpline, MonFri 10-4)
0845 205204

Parentline Plus - 0808 800 2222

Youth Access 020 8772 9900

Bullying UK - www.bullying.co.uk

Kidscape website- www.kidscape.org.uk for further support and links

Internet Matters- <https://www.internetmatters.org/issues/cyberbullying/>

Child Line- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/>

The UK Safer Internet Centre- <https://www.saferinternet.org.uk/>

Cyberbullying UK <https://www.bullying.co.uk/cyberbullying>