

PSHE Long Term Plan

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Self-regulation	My healthy self	My healthy self	My healthy self	My healthy self	My healthy self	My healthy self
Autumn 2	Building Relationships	Connecting with others	Connecting with others	Connecting with others	Connecting with others	Connecting with others	Connecting with others
Spring 1	Managing self	The online world	The online world	The online world	The online world	The online world	The online world
Spring 2	Self-regulation	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship
Summer 1	Building Relationships	Staying safe	Staying safe	Citizenship 2	Staying safe	Citizenship 2	Staying safe
Summer 2	Managing self	Health Protection	Growing up	Health Protection	Growing up	Growing up	First Aid
							Sex education