

Nursery and Reception Suggested Home Learning Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
15mins	Literacy Draw, colour, write your name or practise letter formations.	Literacy Practise finding phonics sounds around your house.	Literacy Draw, colour, write your name or practise letter formations.	Literacy Practise reading tricky words and sounds.	Literacy Draw, colour, write your name or practise letter formations.
Break	Play a game outside, do a GoNoodle Video, try Cosmic Yoga or complete an online exercise video. Play with your toys!	Play a game outside, do a GoNoodle Video, try Cosmic Yoga or complete an online exercise video.	Play a game outside, do a GoNoodle Video, try Cosmic Yoga or complete an online exercise video.	Play a game outside, do a GoNoodle Video, try Cosmic Yoga or complete an online exercise video.	Play a game outside, do a GoNoodle Video, try Cosmic Yoga or complete an online exercise video.
15 mins	Maths Complete a maths task from the work books.	Maths Complete a maths game online.	Maths Complete a maths task from the work books.	Maths Complete a maths task from the pick 'n' mix sheet.	Maths Complete a maths task from the work books.
Lunch	Take a break, refuel and get active again! Play with your toys!	Take a break, refuel and get active again!	Take a break, refuel and get active again!	Take a break, refuel and get active again!	Take a break, refuel and get active again!
15 mins	Pick n Mix Complete a fun creative activity from your pick 'n' mix sheet.	Pick n Mix Complete a fun creative activity from your pick 'n' mix sheet.	Pick n Mix Complete a fun creative activity from your pick 'n' mix sheet.	Pick n Mix Complete a fun creative activity from your pick 'n' mix sheet.	Pick n Mix Complete a fun creative activity from your pick 'n' mix sheet.
Break	Go for a walk or play outside. Play with your toys!	Go for a walk or play outside. Play with your toys!	Go for a walk or play outside. Play with your toys!	Go for a walk or play outside. Play with your toys!	Go for a walk or play outside. Play with your toys!
15 mins	Drop Everything and Read! Share a book together and talk about it.	Drop Everything and Read! Share a book together and talk about it.	Drop Everything and Read! Share a book together and talk about it.	Drop Everything and Read! Share a book together and talk about it.	Drop Everything and Read! Share a book together and talk about it. Upload your favourite book of the week to Tapestry or Twitter for us to see 😊

Recommended amount of work per day:

Nursery/Reception – 30 mins to 1 hour

Year1/Year 2/Year 3 – 1-2 hours

Year4/Year5/Year6 – 2-3 hours

Refer to: <https://www.knighton-tmet.uk/h-learning/> for links to all activities.