

13/03/2020

Dear Parents/Carers

The government has announced that we are moving from the 'Contain' phase into 'Delay', in response to the ongoing coronavirus (COVID-19) outbreak.

The UK Chief Medical Officer has now raised the risk to the UK from moderate to high.

What does this new update mean for staff, pupils and families?

The government are asking **anyone** who shows the following symptoms to self-isolate (stay at home) for 7 days and avoid all unessential contact with others;

- a high temperature (37.8 degrees and above)
- a new, continuous cough

Unless there is a confirmed case within a household then **only the person with symptoms need to self-isolate.**

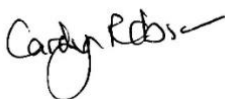
The government is advising that you do not need to call NHS 111 to go into self-isolation. If your symptoms worsen during home isolation or are no better after 7 days contact NHS 111 online at 111.nhs.uk. If you have no internet access, you should call NHS 111. For a medical emergency dial 999.

The most important thing anyone can do to protect themselves is to **continue to wash their hands more often, for at least 20 seconds, with soap and water.** In addition, make sure that you cough or sneeze into a tissue, put the tissue in a bin and wash your hands.

We would like to reassure parents and carers that we are following all relevant guidance, and monitoring the situation at our schools closely, to ensure that the wellbeing and safety of our pupils, staff and wider communities is the priority at all times.

We will keep you informed of any new information and updates as is necessary.

Yours sincerely



Carolyn Robson
Chief Executive Officer

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