



<u>Word</u>	<u>Definition</u>
Care	To be able to look after someone.
Kindness	Being generous, thoughtful and friendly. To be able to share and care about everyone.
Respect	Being kind to people. All people to be treated equally, listening to other people's point of view, using good manners and show an interest in people.
Feelings	An emotion is a feeling such as happiness, love, fear, anger, or hatred, which can be caused by the situation that you are in or the people you are with.
Character Muscles	It is recognising, understanding and developing the character traits that make us unique and then using these 'character muscles' to allow us to be the best version of ourselves. At the heart of character education is creating a culture in and out of school where pupils are given every opportunity to rehearse and strengthen their sense of themselves.

Objectives:

- Explain how people can look after each other.
- Explain how to look after ourselves.
- Discuss and explain how we can be kind and care for each other.

Key People/Stories:

Links to doctors and nurses and how they might care for us.



Useful Websites/Links:

<https://www.educationquizzes.com/ks1/personal-social-and-health-education/caring-for-others/>

<https://www.everyschool.co.uk/pshe-key-stage-1-caring-for-others.html>

<https://www.teachingideas.co.uk/video/The-Present>